



Answers  **Families.org**

PTI & Answers4Families Webinar



***Presented by PTI Nebraska
Speaker - Nina Baker , Health
Information Coordinator for F2F
Health Information Center.***

Individual Healthcare Plan & Ask Rx

Parent Training and Information Nebraska

PTI Nebraska is a statewide resource for families of children with disabilities and special health care needs.

- *PTI Nebraska's staff are parent/professionals*
- *PTI Nebraska conducts relevant workshops across the state.*
- *PTI Nebraska has printed and electronic resources available at no cost.*
- *PTI Nebraska encourages and supports parents in leadership roles locally and statewide.*



Family to Family Health Information Center

PTI Nebraska is the home of
Nebraska's **Family to
Family
Health Information
Center**

• *"This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number and title for grant amount (H84MC08009, Family Professional Partnership CYSHCN, total \$96,750, no other additional funds provided). This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government."*

Thank you to Our Partner

Answers  ***Families.org***

Special thanks to
Answers4families in providing the
website connection allowing PTI
Nebraska to share information
with families and professionals
free of cost.

Answers ***Families.org***

Check out
answers4families.org

For more information about children with special healthcare needs and/or disabilities:

- Self-Assessments for Services
- Discussion groups
- Ask an Expert
- Ask Rx
- Nebraska Resource & Referral System (NRRS)
 - A state wide system to locate services in your area by
 - State, county, city or zip code.

Focused on Families

- As the Parent Training and Information Center for Nebraska, our goal is to inform families of the systems and resources that serve their children.
- It is important for professionals to know about the information we share with families. We value their participation in the webinars.

Webinar Information

- Please ask questions to guide your learning.
 - Type in the question box on the right
- Documents are available
 - All handouts will be emailed following final presentation
- Certificate of Attendance is available
 - Emailed to all registered participants

Individualized Healthcare Plan & ASK Rx

Family to Family
Health Information Center
PTI Nebraska
888-490-9233 toll free
Or 402-403-3908

Ask Rx – Answers4families.org

- Ask Rx utilizes several national ask-a-pharmacist resources
- Ask questions about drugs or drug interactions
- Receive a personal e-mail reply from a pharmacist.

Ask Rx – Answers4families.org

- To use service:
 - Go to Answers4families.org
 - Click on Ask Rx (lower left side of page)
 - Follow instructions to ask a question
 - A registered pharmacist will respond
 - Usually within 24 hours
 - Factual information
 - Use for any and all medications

Also check out: **goodrx.com**

- for local reduced prices of some medications

Oral Healthcare – Not to be forgotten!

- Ask Dr about baby oral health
- First visit with dentist – 1 year old
- See the dentist 2 times a year
- Brush 2 times a day for 2 minutes
- Pea size dab of toothpaste is enough
- Just water to brush works too
- Oral Health is vital for overall health for a lifetime

IHP - What we will learn

- What is skilled medical care
- What is included in an Individualized Healthcare plan (IHP)
- Who is responsible for the development of the IHP
- What is the parent's role in the IHP

What is Skilled Medical Care?

- Urinary catheterization
- Gastrostomy tube feedings
- Tracheostomy cares
- Medication by route other than oral, topical, inhalation, and instillation
- Care for students with diabetes
- Invasive procedures of any type
- Procedures used on an as needed basis including when it is or isn't needed

Individualized Healthcare Plan (IHP)

- Is a written plan of care
 - For a student whose special health care needs
 - Require attention and services during the school day
 - May require emergency or crisis intervention
 - Impact the student performance or presence at school



Individualized Healthcare Plan

Purpose:

- Communicate health/medical safety needs
 - In school, including field trips and extracurricular activities
- Specify emergency interventions
- Consider the range of interventions to support student success, (school nurse)
- Articulate the expected actions of school personnel and expected outcomes

Materials Provided

- The Individualized Healthcare Plan (IHP)
A Tool for Schools
- Decisions about nursing care at school
- Making Decisions about Assigning Skilled Medical Procedures/Nursing Interventions at School:
Guidance for School Administrators

Additional materials

- Evacuation Considerations
- School Nurse Qualifications
 - Kathy Karsting, RN, MPH, DHHS School Health Program

Development of the IHP

- The Registered Nurse is responsible – for the student requiring specialized care at school
- Only the Registered Nurse is qualified and credentialed in Nebraska to delegate decisions

If there is no school nurse...

If there is no school nurse...

- Delegation decisions require a Registered Nurse
- Neither parent, administrator, nor physician is qualified to delegate and provide training and supervision of unlicensed person
- Registered Nurse (RN) may be a volunteer
- Local health dept may employ a nurse to consult to the local school
- Dept of Health and Human Services, School Health program employs an RN FOR CONSULTATION

Development of the IHP?

- Parent expectations and contributions to the IHP are critical
 - To assure student safety and wellbeing
 - Build essential relationship of trust between school and family
- The IEP or 504 team contributions must also be considered to assure the IHP will be effectively implemented This includes that:
 - School personnel is informed and prepared
 - Medical procedures are integrated into the student's school day

Development of the IHP?

- All medical procedures and interventions must be legally authorized by prescriber
- There is no requirement for physician review or authorize of the IHP



Components of the IHP

The IHP is student specific and includes:

- Diagnosis or condition
- Current Statement of assessment
 - Age
 - Stage of development
 - Cognitive ability
 - Communication ability
 - Mobility
 - **Evacuation needs – (ex. fire drills)**

Components of the IHP

Step by step description of
procedures/intervention should include:

- Routine and predictable needs
 - Specific School personnel
 - Incorporate accepted standards of nursing and medical care
 - Expected Outcomes

Components of the IHP

- Emergency care/procedures/interventions
 - Prevention and early intervention
 - Expected outcomes
 - Recognition of expected response
 - Observable signs that emergency interventions are needed
 - “What to do next” is written
 - School personnel identified
 - Specific skills/interventions described

Promotion of Self-Care & TRANSITION SKILLS

- Student age and developmentally appropriate needs for learning self-care
- Communication to an adult
- Self management of complex condition

Promote psychosocial development:

- Student needs, age, cognitive development
- Draw from family communication, priorities

Documents Related to the IHP

- Parent/guardian written consent
 - The parent is the guardian for legal purposes
- Medical authorizations
 - Must be in writing and renewed when student condition changes or at the beginning of each school year
 - Prescriptive authority belongs only to physicians, physician assistants & advance practice registered nurses

Documents Related to the IHP

- Medical authorizations – (continued)
 - A statement of medical authorization from the prescriber is needed if medical decisions are to be made “per parent”
- Procedural guidelines and relevant policies
 - consistent with standards of practice and Nebraska statutes.

Open Communication between
parent, school nurse
and medical provider facilitates
both quality and continuity of the
provision of the student's essential
health care

Documents Related to the IHP

- Consent for release of information
 - Facilitates open communication
 - Not required for implementation of IHP
 - Families have responsibility to provide information and access to information about their child
 - An IHP can be developed without parent input, but this is not ideal

IHP Relationship to IEP

- The IHP should be named and referenced in the IEP, but should stand apart from the IEP
 - IHP must be available to parent and school nurse to revise as needed
 - IHP available to IEP team to address related services on IEP
 - Address areas of “overlap” on the documents
 - Plans need to collaborate and coordinate to build trust and confidence

IHP Relationship with ESY

- Extended School Year Services
 - Decided by the IEP team based on need
 - Retention & recoupment to maintain skills
 - Emerging skills
- Discussion needs to include provision of skilled medical care needs
 - Involve RN for supervision or direct care
 - Continuation or training of non-medical staff

IHP Relationship with 504 Plan?

- The IHP may be the basis of need for a 504 Plan
- IHP establishes medical necessity and appropriateness of accommodations
- Educational accommodations beyond the scope of the IHP need to be addressed in a 504 plan such as:
 - Accommodations to leave to test blood sugar and return, like timed testing in all school assessments
 - Accommodations during classroom activities due to medical need
 - Addressing excessive absence due to medical need
- For more information about 504 contact PTI Nebraska

Role of the School Nurse

Contact Andrea Riley, RN
School and Child Health Program
DHHS Division of Public Health,
School Health Program
Andrea.riley@nebraska.gov

Nurse Practice Act

- Defines the practice of nursing
 - Nebraska Administrative Code (NAC) 99 states only RNs may delegate intervention to be performed by non-nurses
 - Individual tasks labeled as nursing done by non-nurses is unlawful – nursing without a license
 - School employees who perform medical care for children with medical needs are under Nurse Practice Act

Nurse Practice Act

- Complex interventions require nursing judgment to alter standards of care in accordance with need of a student may not be delegated to non-nurses
- Non-complex interventions can safely be performed. They do not require alteration of standard of care when results and student responses are predictable

School Nurse is Essential

- School nurse develops the IHP
 - Including identification of responsibilities of (medically) unlicensed school personnel
 - If there is no nurse??? See slide #12
- For Students who are:
 - not medically stable
 - New to school/environment
 - Require complex interventions
 - Require staffing in school

School Nurse is Essential

- Families may request use of a trusted teacher or para professional
 - May or may not be feasible
 - School is responsible for decision of assignment
 - Decisions should be lawful for safety and medical wellbeing of student

NAC Title 172 Chapter 99

Keep in mind

- Nurse Practice Act does not apply to:
 - Self care
 - Family home care or
 - When care is not at a level requiring nursing judgment or skill



Individuals with Disabilities Education Act (IDEA)

- School health services is a related service
- IEP team determines need for related services for a child to benefit from special education program, those services must be provided
- School health services are provided by a qualified school nurse or other qualified person

Interventions at School: Guidance for School Administrators



To School Administrators

An IHP:

- Is not required by all students with medical diagnoses or conditions
- Is for interventions medically necessary during the school day
 - In order to maintain health, safety, ability to perform at school
 - With written authorization from doctor
 - With parent consent obtain additional medical history – (to establish medical necessity)
 - Includes Skilled Medical Procedures (slide 7)

Talk with your School Administrator So plans can be made for your child

- Staff assignment and training considerations are made by administration
 - Assignment may be outside the usual duties
 - Specialized training required
 - Staff should feel comfortable with additional assignment to provide medical care
 - Gender and strength consideration apply
 - Adequate planning for substitute or other unplanned changes

Talk with your School Administrator So plans can be made for your child

- Considerations

- Parents rely on principal to assign staff
- Parents need ongoing and frequent communication with assigned staff
- Parents judge adequacy of care and communicate concerns to the principal
- Parents build trust and satisfaction that expectations are met over time

Talk with your School Administrator

So plans can be made for your child

- Legal and Ethical considerations
 - Adequacy of delivery of skilled medical care can mean life or death
 - Child in special education - protected by IDEA (Individuals with Disabilities Education Act)
 - Related Services and child's safety at school
 - Child not in special education – may qualify for accommodations under Section 504, Civil Rights Act

Parent does this at home, why can't a teacher do it at school?

- Delivery of skilled medical procedures is a regulated act in Nebraska (Nurse Practice Act)
- At school the school assumes responsibility within state regulations
- IDEA provides for related services that require a licensed nurse

Administrative Decision Process to assign School Staff

- Parent request/consent
- Written medical authorization
- Additional medical information if needed
- Identification of nursing interventions
- Delegation - Transference from RN to unlicensed person non-complex nursing interventions
- What may be delegated?
- Which person may provide intervention?
- Only licensed Registered Nurses may delegate nursing interventions to others
- Only non-complex interventions may be performed by non-licensed personnel
- Only RN may provide complex interventions

Questions?



Evaluation

- Tell us what was valuable
- Tell us what needs to be added
- Tell us what we can do to provide better information to families in Nebraska

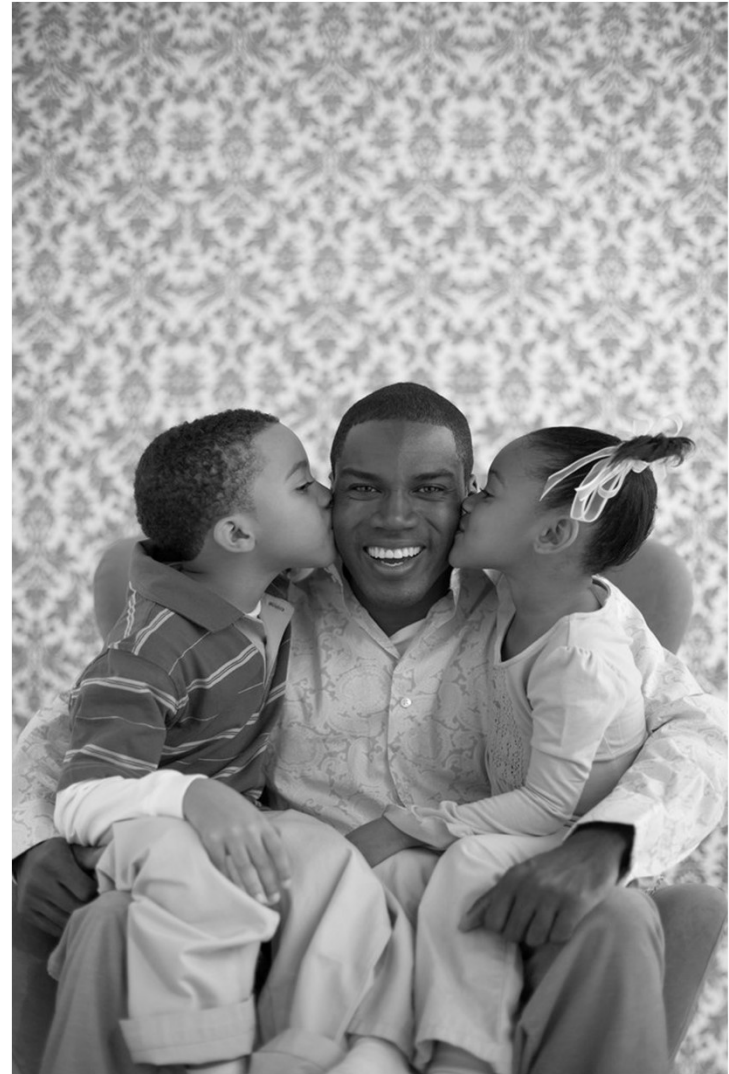


Webinar Joke of the Day

- Q: Did you hear the one about the germ?
- A: Never mind, I don't want to spread it around

For Health Care Information

- Contact:
 - Nina Baker
 - 402.403.3908
 - 1-888-490-9233



Evaluation



- Please complete the evaluation.
- It will appear on your computer at the close of the webinar.
- Future funding and support of PTI Nebraska programs benefit from your honest evaluations
- Changes to programs come through comments on evaluations
- <http://www.surveymonkey.com/s/PTIwebinar>