

Behavioral Health Resources for Schools



Overview for School Nurses
February 8, 2021

NEBRASKA

Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES

Helping People Live Better Lives.

Governor Pete Ricketts

Vision:

Grow Nebraska

Mission:

Create opportunity through more effective, more efficient, and customer focused state government

Priorities:

- Efficiency and Effectiveness
- Customer Service
- Growth
- Public Safety
- Reduced Regulatory Burden

We Value:

- The Taxpayer
- Our Team
- Simplicity
- Transparency
- Accountability
- Integrity
- Respect

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SESSION OBJECTIVES

Objective 1: Participants can identify the overarching goal(s) of the Behavioral Health Resources for Schools document.

Objective 2: Participants can identify how to access the Behavioral Health Resources for Schools document and identify a minimum of three content areas.

Objective 3: Participants can identify how to recommend additional content topics and are given an opportunity to have their questions addressed.

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BEHAVIORAL HEALTH RESOURCES FOR SCHOOLS

GOAL:

Identify the overarching goal of the Behavioral Health Resources for Schools document.

- To provide a compendium of resources for educators and school staff on current behavioral health services, systems, programs and best practices.

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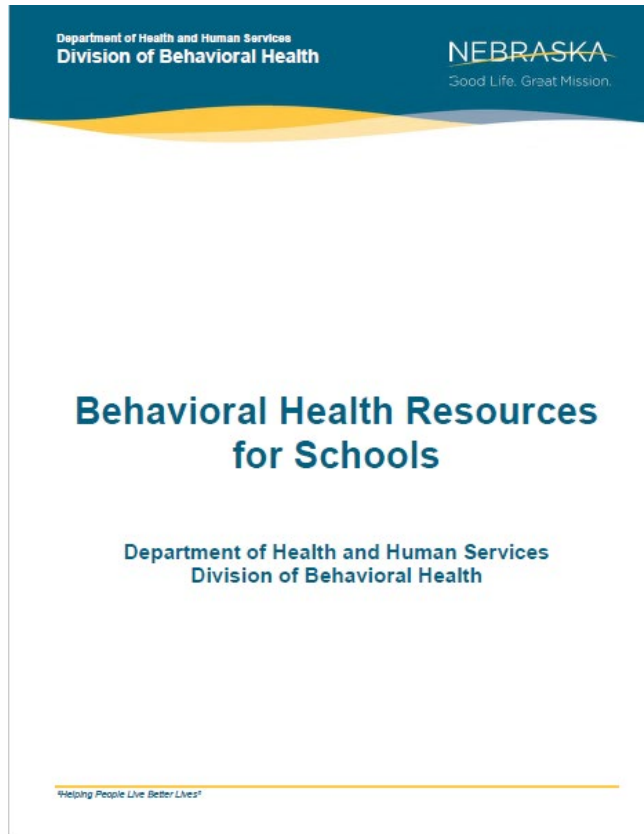
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BEHAVIORAL HEALTH RESOURCES FOR SCHOOLS

Identify how to access the Behavioral Health Resources for Schools document and identify a minimum of three content areas.



Bookmark the DHHS/DBH Web Site At.
<http://dhhs.ne.gov/Pages/Behavioral-Health.aspx>

Resources for Schools is located under “**General Documents**”. Open and save the document to your desktop for easy access and reference.

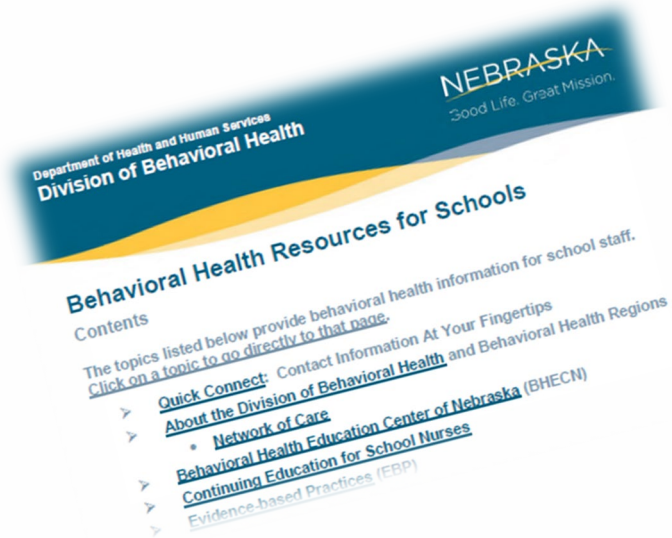
Behavioral Health Resources for Schools: **Direct Link**

<http://dhhs.ne.gov/Behavioral%20Health%20Documents/Resources%20for%20Schools.pdf#search=Resources%20for%20schools>

BEHAVIORAL HEALTH RESOURCES FOR SCHOOLS

CONTENT:

- 32 content areas
- Interactive links to each area from the **Contents** pages.
- Includes links to such topics as:
 - Evidence-based practices
 - System of Care
 - Screening tools
 - Suicide prevention
 - Underage and binge drinking



BEHAVIORAL HEALTH RESOURCES FOR SCHOOLS

Page Example: System of Care



Behavioral Health Resources for Schools

System of Care

Nebraska's System of Care (NeSOC) is not a program but rather a different way of doing business. It is a framework that is "operationalized" through the power of partnerships. It is youth-guided, family-driven, trauma-informed and culturally responsive to improve outcomes for children and youth with mental and behavioral health challenges and their families. NeSOC is operationalized through a **public/private partnership** with Nebraska Children and Families Foundation.

In 2016, Nebraska's SOC efforts were helped through a four-year federal grant awarded by the Substance Abuse and Mental Health Services Administration (SAMHSA). Although the grant targets a specific population and services are specific, the award has been instrumental in taking the System of Care statewide.



For a comprehensive introduction to Nebraska's System of Care, access the training video offered by the Behavioral Health Education Center of Nebraska (BHECN) at: <https://www.unmc.edu/bhecn/education/nebraska-system-of-care/training.html>



At the State level, NeSOC is directed by a Leadership Board and Implementation Committee comprised of representatives from foundational and collaborative partners:

- Administrative Office of the Courts
- Administrative Office of Probation
- Behavioral Health Education Center of Nebraska
- DHHS Divisions: Behavioral Health, Children and Family Services, Medicaid and Long Term-Care, Developmental Disabilities and Public Health.
- Family Organizations
- Nebraska Children and Families Foundation
- Nebraska Department of Education
- Regional Behavioral Health Authorities (Regions)
- Society of Care
- University of Nebraska – Lincoln: Public Policy Center

Five (5) topic-specific work teams carry out the work directed by the Leadership Board and Implementation Committee:

- Continuous Quality Improvement (CQI)
- Cross-system Services and Supports
- Financial Investment
- Social Marketing and Communication
- Training

(For more information on each team see "[Work Teams](#)")

Family and youth involvement is a critical piece of NeSOC. As partners they lend their voice at all levels of NeSOC planning and development. **Family and Youth Advisory Councils** are convened regularly to provide input to the Leadership Board and Implementation Committee on NeSOC activities and implementation.



Participation on a work team or advisory council is welcomed.

Contact: dhhs.soc@nebraska.gov

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<http://dhhs.ne.gov/Behavioral%20Health%20Documents/Resources%20for%20Schools.pdf>

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BEHAVIORAL HEALTH RESOURCES FOR SCHOOLS

Recommend additional content topics and give an opportunity to have questions addressed.

Suggestions for content?

Or submit content suggestions via email: dhhs.soc@nebraska.gov

Q & A

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